



Nurturing Skills Taught:

Communication Between Parents and Children

Making Good Decisions and Handling One's Feelings

Growth and Development of Children in all Ages and Stages

How to Take Charge of One's Own Behavior

Developing Empathy

Ways to Handle Stress and Anger

Understanding Discipline and Discipline Techniques

Establishing Nurturing Parenting Routines for Daily Use

Appropriate Use of Rewards and Punishments

Prenatal Parenting

Nurturing Parenting

www.nurturingparenting.com

Please contact COPE Services for more information!

Phone: 717- 485-6767
Ext #220

www.fcfpinc.org

Fulton County Family Partnership

22438 Great Cove Road

McConnellsburg, PA 17233



Family Centered

Age Specific

Prevention Education

Proven Outcomes

COPE comes to you!

Nurturing Parenting Program

What Are Nurturing Programs?

- ✓ Evidence based programs recognized by National Registry of Evidenced-based Programs and Practices, Substance Abuse and Mental Health Services Administration, Office of Juvenile Justice and Delinquency, Center for Substance Abuse Prevention and Child Welfare League of America.
- ✓ Nurturing Parenting Programs are designed for the treatment and prevention of child abuse and neglect.
- ✓ The Nurturing Programs are family based interventions where parents and their children learn similar skills for improving the quality of their lives.
- ✓ The course of the family's successes are recorded and charted with built in assessment strategies.
- ✓ COPE provides great flexibility to be sure the specific needs of families are being met.
- ✓ During the services, lesson guides, DVDs, parent handbooks, and assessment inventories are used based on each individual family's needs.



Who Benefits?

Parents:

- Anger and stress management
- One-on-one communication with COPE service provider where personal feelings and emotions are discussed
- Becoming aware of not only your child's needs, but also your own individual needs
- Improving self-worth
- Problem Solving, Decision Making, Negotiation, and Compromise
- Acquire appropriate discipline skills

Children:

- Learn suitable ways to express feelings
- Importance of respect and family morals and values
- Develop positive self-worth
- Gain knowledge on the importance and reasons for rules

Who Could Benefit from The Nurturing Parenting Programs?

- Parents of Children Birth through Twelve Years of Age
- Parents of Adolescents
- Parents with Addiction Issues

The Program is free for all participants and services are provided in your home.

Contact
Information
on Back of
Brochure!