



Fulton County Family Partnership Inc.

Early Head Start Program

ANNUAL REPORT, FISCAL YEAR 2013-2014 (MAY 1, 2013 – APRIL 30, 2014)

The mission of Early Head Start is to promote healthy prenatal outcomes for pregnant women, enhance the development of young children and promote healthy family functioning. Services include:

Quality parenting education in and out of the home

Comprehensive health and mental health services

Nutrition education

Family support services

Program Design and Management

Home-based Early Head Start services are offered throughout Fulton County to 32 pregnant women and children birth to 3 years of age. Enrollment is based on eligibility requirements that reserve 10% of enrollment for children with diagnosed disabilities and prioritizes families within 100% of the federal poverty guidelines. Families receive weekly 1 ½ hour in-home visits and frequent opportunities for group activities.

Early Head Start promotes child-development through effective parenting, early intervention and outreach services. It also supports and preserves the family unit as the foundation for success for children. The EHS program provides a seamless, comprehensive and easily accessed network of services. EHS encourages self-sufficiency for families through adult education, training and employment. EHS supports, enhances and promotes the family unit as the foundation not only successful children and families, but also as a building block for successful communities!

Central Fulton School District is grantee of Fulton Early Head Start and the program services are contracted fully with the Fulton County Family Partnership. Decision making is shared by

the EHS policy Council and Central Fulton School Board. The FC Family Partnership Board serves in an advisory capacity to the governing bodies in issues regarding EHS programming.

Central Fulton School Board is comprised of 9 elected members. Cory Gress is currently serving as Board President. Fulton EHS Policy Council is comprised of 11 members. Six are elected parent representatives from each of the 3 parent committees of the county's school districts. The remaining five are elected community members representing partners whose interests compliment the work of EHS.

Communication is ensured through the monthly distribution of the program and fiscal reports to both governing bodies and the FCFP Board. Dixie Paruch, CF Superintendent attends the monthly FCFP Board meetings to further enhance communication.

The Early Head Start program is staffed by Executive Director, Elen Ott; Family Development Coordinator, Kara Truax; Family Health and Education Coordinator, Lori DeShong, Lead Parent Educator, Brandy Lewis, Office Manager, Denise Chesnut and 3 home visitors; Kim Clark, Adele Clippinger and Andrea Hanlon. Kelly Brown provides assistance through the Fatherhood Initiative program.

Opportunity for parent leadership is through involvement with the EHS Policy Council. The Policy Council is comprised of five community members and 6 elected parent representatives. For the 2013-14 year the members were:

- Central Fulton Representatives:
Pat Souders and Wendy Pogue
- Forbes Road Representatives:
Kearstin Faegley and Chastity McMullen
- Southern Fulton Representatives:
Misty Seville and Lorna Kellogg
- Community Members:
Mr. Loucks, Lori Young, Jack Elvey, Erin Keller, April Maloff and Betty Jane Lee, Liaison Board Member

Early Childhood Development Programming

Fulton EHS uses Parents As Teachers Foundational Model for the core of the home-based educational services. Parents As Teachers (PAT) shares similar values with EHS program:

- The early years of a child's life are critical for optimal development and provide the foundation for success in school and in life.
- Parents are their children's first and most influential teachers.
- Established and emerging research should be the foundation of parent education and family support curricula, training, materials and services.
- All young children and their families deserve the same opportunities to succeed,

regardless of any demographic, geographic or economic considerations.

- An understanding and appreciation of the history and traditions of diverse cultures is essential in serving families.

All of Fulton's EHS program staff are certified in the PAT model and our program meets the quality standards to attain national affiliation status with PAT.

Fulton EHS has an aggressive education plan to prevent shaken baby events. Home Visitors utilize the "Purple Crying" materials to educate parents about the harmful effects of shaking children. Every family is assisted to develop and update "Crying Plans" that guide parents' response to frustrations from incessant crying to positive steps to comfort the child.

During this year, use of the DOVE tool as a universal screening for Domestic Violence was implemented. Recognized and recommended for use by Parents As Teachers National Office, the tool was adapted from Nursing Research Consortium on Violence and Abuse. Annually staff conduct the 3 question abuse assessment on all enrolled families, then if indicated the more detailed "Danger Assessment" is used to further detail the domestic situation. Local domestic violence resources through WIN and educational materials in the PAT Foundational curriculum as available to provide additional supports to families and staff.

Disability services are an important part of the Early Head Start program. Early identification and treatment of developmental delays can significantly reduce the need for services upon entry into school thus better preparing the child for academic success. During the 2012-13 year Fulton EHS had 17 enrolled children with diagnosed disabilities who were receiving Early Intervention services. Only 3 of these children were identified with delays prior to enrolling in the EHS program. Children are screened using the Ages & Stages Questionnaire within 45 days of enrollment. Ongoing assessment is completed using the OUNCE and Parents As Teachers Milestones enhanced by home visitor and parent observations.

Health and Wellness Programming

Fulton EHS program works hard to ensure that all children are up to date on well-child checkups and immunizations. At the close of the program year, April 30, 2013 all children were reported as up-to-date. This does fluctuate during the year as especially during the first 2 years the frequency of well-child visits and immunizations is high. Home visitors monitor compliance and frequently discuss these issues during visits. They are assisted by Lori DeShong, Family Health and Education Coordinator who obtains official health records from physicians, tracks and reports on the families' status. All of the families have identified their child with a dental home.

Mental health consultation services are provided in a contract agreement with Manito. For several years, Krista Bard has served our program. On a quarterly basis, Home Visitors and Supervisors receive case management reviews. Krista is able to provide suggestions and support. She is also available as needed to meet with families to assess the need for mental

health services or in the case of crisis situations. During the 2012-13 year, staff consulted with Krista about mental health issues of 5 children. Our consultant facilitated the referral for two children to mental health services.

Nutrition education is addressed during home visits. Every family completes a nutrition assessment annually that is reviewed by Cathy Snyder. Cathy is a licensed dietician-nutritionist from the FC Medical Center. EHS contracts with her for nutrition consultant services. Cathy is available to provide individual family/child guidance on dietary matters and staff development services.

Home Visitors utilize Project FRESH materials quarterly to screen and address tobacco use in the homes, encouraging all children to be in a smoke-free environment. Additional safety information is regularly provided by Fulton Safe Kids. This includes age appropriate safety info, fall prevention, smoke detectors, fire safety and water safety.

Service Statistics

- 54 infants/toddlers/pregnant women funded; 47 children, 7 pregnant women
- Of the 47 children, 17 were under the age of 1, 15 were 1 year old and 15 were 2 years old.
- Average monthly enrollment was 100% of funded enrollment.
- Eligibility:
 - 100% enrolled were below federal poverty line
 - 14 were recipients of public assistance such as TANF or SSI
 - 0 Children were foster children
 - 0 were homeless
 - 0 were over income guidelines
- Prior enrollment – Enrolled in Early Head Start for:
 - 8 in the second year
 - 8 in 3 or more years
- Transition and turnover:
 - 22 infants and toddlers left program any time after home visits began
 - 14 aged out of EHS
 - 5 entered Head Start
 - 9 entered another early childhood program
 - 1 pregnant women left the program after receiving EHS services but before the birth of their infant.
 - 6 women receiving EHS services subsequently enrolled in the program.
- Health Services:
 - 100% of infants and toddlers were enrolled in Medicare and/or CHIP
 - 6 of 7 pregnant women were enrolled in Medicaid
 - 1 women had private health insurance
 - 44 children had continuous, accessible dental care provided by a dentist.
 - 46 children were up-to-date with age-appropriate preventative and primary health care
 - 7 of these 46 were diagnosed with a chronic condition needing medical treatment

- 100% have received or are receiving medical treatment
 - 46 of all children have been determined to be up-to-date with all immunizations
 - 1 child met the state guideline for an exemption from immunizations.
 - 100% of pregnant women received prenatal and postpartum health care
 - 100% received education on; substance abuse prevention, fetal development, and the benefits of breastfeeding.
 - 2 women received substance abuse treatment
- Family Demographics:
 - 47 Families
 - 27 two-parent families
 - 0 both parents employed
 - 17 one parent employed
 - 10 both parents not working
 - 20 single-parent families
 - 5 parents employed
 - 15 not working
 - Education-Of the total number of families, the highest level of education of parent(s):
 - 0 families with advanced or bachelor's degree
 - 3 families with an associate degree, vocational school, or some college
 - 32 high school graduate or GED
 - 12 less than high school graduate
 - Federal or other assistance
 - 5 families received TANF benefits
 - 8 families received SSI
 - 39 families received services under the Special Supplemental Nutrition Program for Women, Infants and Children (WIC)
 - 27 families received services under the Supplemental Nutrition Assistance Program (SNAP), formally referred to as Food Stamps
 - 17 children (36%) whose fathers/father figures participated in EHS activities.
- Family Services:
 - 8 Emergency/Crisis intervention
 - 16 Housing assistance
 - 13 Mental Health
 - 6 Job Training
 - 1 adult education such as GED
 - 47 Substance Abuse prevention
 - 3 Substance Abuse treatment
 - 13 Child abuse and neglect
 - 1 Domestic violence
 - 2 child support assistance
 - 47 Health education
 - 47 Parenting Education
 - 47 Relationship/marriage education
 - 100% received at least one of the services listed above
- Disability Services:
 - 24 infants/toddlers or 51% of enrolled children had an Individualized Family Services Plan (IFSP).

Early Head Start School Readiness Outcomes

Fulton EHS has identified School Readiness Goals in each of the five areas required by HHS. This is the May 2014 data. Data is reported in Percentages of achievement of total children enrolled.

<p style="text-align: center;">Domain - Physical Development and Health</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Recom'd amt of fruit juice</td> <td>50</td> </tr> <tr> <td>Recom'd amt vegetables</td> <td>70</td> </tr> <tr> <td>Recom'd amt of fruit</td> <td>80</td> </tr> </tbody> </table>	Category	Percentage	Recom'd amt of fruit juice	50	Recom'd amt vegetables	70	Recom'd amt of fruit	80	<p>Domain: Physical Development and Health</p> <p>Early Head Start Child Goal:</p> <p>Children will choose healthier food choices when offered options.</p> <p>Children will increase their fruit and vegetable intake.</p>
Category	Percentage								
Recom'd amt of fruit juice	50								
Recom'd amt vegetables	70								
Recom'd amt of fruit	80								
<p style="text-align: center;">Domain - Social Emotional</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Relationships with other children</td> <td>90</td> </tr> <tr> <td>Personal Connections- adults</td> <td>90</td> </tr> </tbody> </table>	Category	Percentage	Relationships with other children	90	Personal Connections- adults	90	<p>Domain: Social Emotional Development</p> <p>Early Head Start Child Goals:</p> <p>Children will demonstrate the ability to establish and sustain positive relationships with peers and adults.</p> <p>Children will demonstrate self-regulation, the ability to develop and maintain healthy relationships and develop a healthy self-concept.</p>		
Category	Percentage								
Relationships with other children	90								
Personal Connections- adults	90								
<p style="text-align: center;">Domain- Approaches to Learning</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Socialization Attendance</td> <td>10</td> </tr> <tr> <td>Attaining levels in all areas</td> <td>55</td> </tr> </tbody> </table>	Category	Percentage	Socialization Attendance	10	Attaining levels in all areas	55	<p>Domain: Approaches to Learning</p> <p>Early Head Start Child Goals:</p> <p>Children will display the ability to explore and solve problems within their environment.</p> <p>Children will obtain knowledge through routines, play, practice and language.</p> <p>Children will develop their own socially accepted solutions to problems based on their family culture.</p>		
Category	Percentage								
Socialization Attendance	10								
Attaining levels in all areas	55								

<p style="text-align: center;">Domain - Language and Literacy</p> <table border="1"> <thead> <tr> <th>Category</th> <th>Value</th> </tr> </thead> <tbody> <tr> <td>Expressive Language</td> <td>85</td> </tr> <tr> <td>Receptive Language</td> <td>90</td> </tr> </tbody> </table>	Category	Value	Expressive Language	85	Receptive Language	90	<p>Domain: Language and Literacy Early Head Start Child Goals:</p> <p>Children will show the ability to listen and follow verbal conversations.</p> <p>Children will demonstrate the ability to understand the increase complexity of language.</p> <p>Children will be able to communicate in a variety of ways to acquire wants and needs.</p>
Category	Value						
Expressive Language	85						
Receptive Language	90						
<p style="text-align: center;">Domain- Cognition and Knowledge</p> <table border="1"> <thead> <tr> <th>Category</th> <th>Value</th> </tr> </thead> <tbody> <tr> <td>Achieving developmental levels</td> <td>85</td> </tr> <tr> <td>Completed Follow-up</td> <td>80</td> </tr> </tbody> </table>	Category	Value	Achieving developmental levels	85	Completed Follow-up	80	<p>Domain: Cognition and General Knowledge</p> <p>Early Head Start Child Goal:</p> <p>Children will be able to identify problems and then explore solutions to achieve an end result.</p>
Category	Value						
Achieving developmental levels	85						
Completed Follow-up	80						

Financial Information

Audit Report by Boyer and Ritter, CPA, for Year Ending June 30, 2013:

- No findings related to the financial statements as per generally accepted Government Auditing Standards
- No audit findings for federal awards
- No reportable conditions in internal control over major programs
- No audit findings under Section 510(a) of OMB Circular A-133

Early Head Start requires a 20% local match to the federal funding. For the fiscal year 2013-14 Fulton EHS was required to obtain \$98,230.24. The match was obtained in the following categories:

Volunteers: \$83,591.19 Goods: \$473.41 Services: \$250.00 Space: \$13,915.64

Comparison of Budget with Actual Expenditures

Description	Expenditures TOTAL YTD	Annual Federal Budget	Percent of Budget Expended
Personnel	\$189,860.54	\$210,000.00	90.41%
Fringe Benefits	\$53,363.43	\$55,400.00	96.32%
Travel	\$-00	\$-00	0.00%
Equipment	\$-00	\$-00	0.00%
Supplies	\$31,818.43	\$22,000.00	144.63%
Contractual	\$5,307.00	\$4,650.00	114.13%
Other	\$72,288.69	\$60,800.00	118.90%
Training & Tech. Assist.	\$8,878.90	\$8,654.00	102.60%
Total Direct Cost	\$361,516.99	\$361,504.00	100%

Summary

We are looking forward to the next year in Early Head Start, working with families and young children as we provide them with the support and guidance to ensure the success of their children. We know there will be challenges, but we also anticipate many triumphs!